

The course on *Advaita-pañcaratnam* comprises 5 lessons. Following is a detailed description of the contents of each lesson:

Lesson 1: Introduction

- Definition of Advaita
- We seek Bliss, Existence and Knowledge
- Role of Knowledge in understanding our true nature
- Meaning of the term 'pañcaratnam'
- Śāstra-grantha and prakaraṇa-grantha
 - The topics that are dealt in a śāstra-grantha
- *Advaita-pañcaratnam* discusses the prameya
- *Śivo'ham* indicates the prameya

Lesson 2: Ātma-anātma-viveka

- What is 'ātma-anātma-viveka'?
- The process of doing ātma-anātma-viveka
 - Body, mind, senses, prāṇa, ahaṅkāra are all not-self
 - Detailed discrimination of anātman
 - Logic to support the discrimination of the Self and not-self
 - Detailing '*yad dṛśyaṁ tad na aham*'
 - Detailing '*yad madīyaṁ tad na aham*'
- Explanation of Sākṣin
- Meaning of the term 'nitya'
- Maṅgala is that which has no limitations
 - The three kinds of limitations
 - Ātman being free of these limitations

Lesson 3: Jīva-mithyātva

- Sāmānya-jñāna and viśeṣa-jñāna
 - How the Self is experienced when there is sāmānya-jñāna alone and the absence of viśeṣa-jñāna
- Adhyāsa and its definition
 - Theory of superimposition – How adhyāsa occurs
 - Characteristics of adhyāsa with reference to sāmānya- and viśeṣa-jñāna
- Analysis of āvaraṇa and vikṣepa
- Jīva-bhāva and its expression
- Role of a teacher
- Śravaṇa, manana, nididhyāsana

Lesson 4: Jagat-mithyātva

- Satya and mithyā
 - Mithyā is that which has no independent existence
 - Logic explaining jagat is 'mithyā'
- Analysis of waking and dream states to understand the mithyātva of the jagat
- Analysis of the mirror example to understand the mithyātva of the jagat
- How the Realised Person views the jagat
- Svatantratā of the Self
- The vision of Advaita

Lesson 5: Result of Jñāna

- The six modifications that pertain to the not-self
- Assertion of our true nature and its result