The course titled *Hey, there's a Subhāṣita for that!* comprises 26 lectures as 14 lessons.

A detailed description of the topics covered in each lesson is provided below.

**Lesson 1: Introduction; Knowledge and Student**

- Introduction to Subhāṣita literature
- Why do we need Subhāṣitas?
- Why do we need knowledge?
- Why is it important to learn?
- Lakṣaṇas of a student
- Do’s and Don’ts for a student

**Lesson 2: Friendship; General Conduct**

- Types of friends and friendships
- Benefits of friends
- Litmus test for friends
- Characteristics of good and bad friends
- Best adornment for a person
- How to conduct oneself in times of adversities
- Some principles and disciplines to follow in day-to-day life

**Lesson 3: Character; Desire**

- Characteristics of noble people
- Principles of honourable people
- Conduct of people with distinguishable character
- Actions of dignified people
- How are the desires of different types of people?
- Traits of desire itself
- Power of desire
- Root cause for desire
● Grip of desire on humans

**Lesson 4: Company; Discipline**

● Good and bad company
● Interactions with ignoble people and its results
● Benefits of good company
● Why is good company important?
● Demonstration of good vs. bad company
● What are the three rare things in the world?
● How to achieve high goals?
● Principles of life
● Advise about advice
● Attributes to avoid
● Whose intelligence grows?

**Lesson 5: Parenting and Children; Trouble and World**

● Children and their traits
● Parenting 101
● Best rules for parenting
● What to teach children?
● How do children learn?
● Who do children learn from?
● Should the words of children be taken seriously?
● Who causes trouble for others?
● How to conduct with people who cause trouble?
● Can I bring trouble to myself?
● Who gets in trouble?
● What kind of people are rare in this world?

**Lesson 6: Satire and Humor; Wealth**

● Monkey mind
● Attention seekers
Lesson 7: Giving; Virtue; Assimilating the Thoughts

- Best virtue for this era
- Does the timing of our actions matter?
- Why should we be generous and charitable?
- Attitude of giving
- Dealing with losses
- Who are the greatest type of people?
- Who gets the greatest honour?
- What sets humans apart from animals?
- How to protect wealth?
- How to earn wealth and virtues?
- When is learning complete?
- What should we collect?
- What increases upon spending?
- Who is accountable for the outcome of any action?

Lesson 8: Leader and Leadership; Courage

- Who are good leaders?
- Safe places to live
- How should a leader conduct himself?
- What type of leaders are rare?
- Why do we need courage?
- No wealth or prosperity without courage
How long should I fear my fears?
Who is the strongest?
Courage is self-proclaimed
What is essential to be successful?
Prosperity is where there is zeal, effort and courage

Lesson 9: Nobility; Knowledge

- Noble people are undeterred
- Who faces the most hurdles in their tasks?
- Rising after falling
- What makes the noble, noble?!
- Characteristics of noble people
- Who do noble people consider as family?
- Nobility of the noble lies in their equipoised nature
- How much should one follow in the footsteps of noble people?
- Which is the best ornament for people?
- People without knowledge are equated to what?
- Namesake humans
- Best type of property or wealth
- Who makes more noise?
- Defining maturity and growth in a person

Lesson 10: Speech; Benevolence and Gratitude

- Words and their strength
- Deeds speak for themselves
- What types of speech are unpleasant?
- Who can speak well?
- Clarity of speech
- What to speak and how to filter speech?
- Meaningful speech
- Beneficiaries of the actions of noble people
- Nature and its benefactions
- Attitude while receiving favours
• Who deserves favours?
• How and for how long should one show gratitude?

Lesson 11: Intelligence; Pleasure and Pain

• How do the intelligent spend their time?
• Are dull people to be forgiven?
• What to share with the world and what not to
• Becoming prosperous and happy
• Who should be advised?
• How to become intelligent?
• Where should one put effort?
• Right time to start a task
• What brings pleasure and pain?
• What causes pain?
• When in happiness or in fear, steer clear from rash decisions
• Fools are enticed by temporary gains
• Finding pleasure all the time
• What to grieve upon?
• Root causes for pleasure and pain

Lesson 12: Animals; Love and Kindness

• Lessons to learn through animals
• What type of animals get in trouble?
• It is better to share than be selfish
• Nurtured or avoided?
• Teaching essential values to children
• Should one stand up for oneself?
• Working like a donkey
• Dogs can be role models
• Love is most powerful
• Proximity of loved ones
• Does distance matter?
• Where not to stay!
• Lakṣaṇa of kind people
• Is kindness essential?
• What pleases the Lord also?
• Is kindness a basic attribute in all?

**Lesson 13: Spouse; Society**

• Best characteristics of a spouse
• How fruitful are conflicts between a couple?
• Involving in the problems between a couple
• Where not to be!
• Traits of a happy couple
• Best friends for life
• Father figures in one’s life
• Who is the best type of householder?
• What do people like?
• Why do people criticise others?
• Best society to live in
• Essential elements of a good society
• Aspiring for what others have
• Strength of a society

**Lesson 14: Teacher**

• Who is a guru?
• Traits of a teacher
• Repaying our gurus
• How long should we learn from a teacher?
• What does the fruitfulness of my learning depend upon?
• What can a guru give?
• Best type of teacher
• Best type of students
• Who is accountable for the outcome of any action?