

The course titled ***Hey, there's a Subhāṣita for that!*** comprises 26 lectures as 14 lessons.

A detailed description of the topics covered in each lesson is provided below.

Lesson 1: Introduction; Knowledge and Student

- Introduction to Subhāṣita literature
- Why do we need Subhāṣitas?
- Why do we need knowledge?
- Why is it important to learn?
- Lakṣaṇas of a student
- Do's and Don'ts for a student

Lesson 2: Friendship; General Conduct

- Types of friends and friendships
- Benefits of friends
- Litmus test for friends
- Characteristics of good and bad friends
- Best adornment for a person
- How to conduct oneself in times of adversities
- Some principles and disciplines to follow in day-to-day life

Lesson 3: Character; Desire

- Characteristics of noble people
- Principles of honourable people
- Conduct of people with distinguishable character
- Actions of dignified people
- How are the desires of different types of people?
- Traits of desire itself
- Power of desire
- Root cause for desire

- Grip of desire on humans

Lesson 4: Company; Discipline

- Good and bad company
- Interactions with ignoble people and its results
- Benefits of good company
- Why is good company important?
- Demonstration of good vs. bad company
- What are the three rare things in the world?
- How to achieve high goals?
- Principles of life
- Advise about advice
- Attributes to avoid
- Whose intelligence grows?

Lesson 5: Parenting and Children; Trouble and World

- Children and their traits
- Parenting 101
- Best rules for parenting
- What to teach children?
- How do children learn?
- Who do children learn from?
- Should the words of children be taken seriously?
- Who causes trouble for others?
- How to conduct with people who cause trouble?
- Can I bring trouble to myself?
- Who gets in trouble?
- What kind of people are rare in this world?

Lesson 6: Satire and Humor; Wealth

- Monkey mind
- Attention seekers

- Stingy people
- Greedy people
- Mediocre people
- Following without thinking
- How to become wealthy?
- Why should wealth be earned?
- How should wealth be earned?
- Misuse of wealth
- Outcomes of wealth

Lesson 7: Giving; Virtue; Assimilating the Thoughts

- Best virtue for this era
- Does the timing of our actions matter?
- Why should we be generous and charitable?
- Attitude of giving
- Dealing with losses
- Who are the greatest type of people?
- Who gets the greatest honour?
- What sets humans apart from animals?
- How to protect wealth?
- How to earn wealth and virtues?
- When is learning complete?
- What should we collect?
- What increases upon spending?
- Who is accountable for the outcome of any action?

Lesson 8: Leader and Leadership; Courage

- Who are good leaders?
- Safe places to live
- How should a leader conduct himself?
- What type of leaders are rare?
- Why do we need courage?
- No wealth or prosperity without courage

- How long should I fear my fears?
- Who is the strongest?
- Courage is self-proclaimed
- What is essential to be successful?
- Prosperity is where there is zeal, effort and courage

Lesson 9: Nobility; Knowledge

- Noble people are undeterred
- Who faces the most hurdles in their tasks?
- Rising after falling
- What makes the noble, noble?!
- Characteristics of noble people
- Who do noble people consider as family?
- Nobility of the noble lies in their equipoised nature
- How much should one follow in the footsteps of noble people?
- Which is the best ornament for people?
- People without knowledge are equated to what?
- Namesake humans
- Best type of property or wealth
- Who makes more noise?
- Defining maturity and growth in a person

Lesson 10: Speech; Benevolence and Gratitude

- Words and their strength
- Deeds speak for themselves
- What types of speech are unpleasant?
- Who can speak well?
- Clarity of speech
- What to speak and how to filter speech?
- Meaningful speech
- Beneficiaries of the actions of noble people
- Nature and its benefactions
- Attitude while receiving favours

- Who deserves favours?
- How and for how long should one show gratitude?

Lesson 11: Intelligence; Pleasure and Pain

- How do the intelligent spend their time?
- Are dull people to be forgiven?
- What to share with the world and what not to
- Becoming prosperous and happy
- Who should be advised?
- How to become intelligent?
- Where should one put effort?
- Right time to start a task
- What brings pleasure and pain?
- What causes pain?
- When in happiness or in fear, steer clear from rash decisions
- Fools are enticed by temporary gains
- Finding pleasure all the time
- What to grieve upon?
- Root causes for pleasure and pain

Lesson 12: Animals; Love and Kindness

- Lessons to learn through animals
- What type of animals get in trouble?
- It is better to share than be selfish
- Nurtured or avoided?
- Teaching essential values to children
- Should one stand up for oneself?
- Working like a donkey
- Dogs can be role models
- Love is most powerful
- Proximity of loved ones
- Does distance matter?
- Where not to stay!

- Lakṣaṇa of kind people
- Is kindness essential?
- What pleases the Lord also?
- Is kindness a basic attribute in all?

Lesson 13: Spouse; Society

- Best characteristics of a spouse
- How fruitful are conflicts between a couple?
- Involving in the problems between a couple
- Where not to be!
- Traits of a happy couple
- Best friends for life
- Father figures in one's life
- Who is the best type of householder?
- What do people like?
- Why do people criticise others?
- Best society to live in
- Essential elements of a good society
- Aspiring for what others have
- Strength of a society

Lesson 14: Teacher

- Who is a guru?
- Traits of a teacher
- Repaying our gurus
- How long should we learn from a teacher?
- What does the fruitfulness of my learning depend upon?
- What can a guru give?
- Best type of teacher
- Best type of students
- Who is accountable for the outcome of any action?