

Sample Questionnaire

Choose the most appropriate answer. Mark only one.

Marks 1 (1*1)

1. 'Adhīyatām' means to:
- Listen, reflect and meditate
 - Chant, listen and reflect
 - Read, study and live
 - Read, reflect and remember

Match the following.

Marks 3 (3*1)

- | A | B |
|-------------------|------------------------|
| a. Āyurveda | (1) Study of warfare |
| b. Dhanurveda | (2) Study of fine arts |
| c. Gandharva-veda | (3) Study of medicine |

Choose the correct statements. Check all that applies.

Marks 2 (1*2)

1. The gṛhastha-āśrama should primarily result in:
- Concentration of mind (citta-ekāgratā)
 - Purity of mind (citta-śuddhi)
 - Knowledge of the Self
 - Desire for the Self

Write True or False (T/F)

Marks 2 (2*1)

1. One can sublimate kāmīya-karma by its repeated performance.
2. Puṇya and pāpa are adṛṣṭa-phalam.