

Chinmaya International Foundation

August 14-16, 2026

Clinical Applications of Vedantic Spiritual Care

A 15-hour Vedanta-based practical workshop for chaplains and healthcare professionals

Presence before practice | Listening before interpretation | Consent before intervention

WHO IS IT FOR?

- Healthcare chaplains and spiritual-care practitioners
- Doctors, nurses, counsellors and psychotherapists
- Palliative-care, hospice and bereavement workers
- Volunteers, community caregivers and interfaith practitioners

NO PRIOR ADVANCED SANSKRIT OR VEDANTA TRAINING REQUIRED

The workshop is suitable for those who want a safe, culturally sensitive and practice-based introduction to Hindu Spiritual Care.

WHAT PARTICIPANTS WILL LEARN

- Define Hindu Spiritual Care and its boundaries
- Use foundational chaplaincy skills: sravanam, mananam and nididhyasanam
- Conduct a brief spiritual assessment and formulate care needs
- Offer safe, consent-based prayer, mantra, silence and sacred reading
- Use karma-yoga for guilt, burden, duty and outcome
- Support family, ritual, grief and end-of-life care
- Recognize safeguarding, referral and documentation needs

WORKSHOP METHOD

- 10 sessions of 90 minutes each
- Each session: 30 min theory, 40 min triad practice, 20 min Q&A
- Triads rotate: chaplain, patient and observer
- Practice with realistic healthcare scenarios
- Trainer-led demonstration, structured feedback and reflection

TOTAL DURATION

15 hours over three days. For credit, must attend live.

Program at a glance

Session 1. What is Hindu Spiritual Care?		Session 6. Upasana-Bhakti Care			
Session 2. Chaplaincy Skills		Session 7. Jnana-Viveka Care			
Session 3. Vedantic Foundations for Care		Session 8. Family, Ritual, Grief and End of Life			
Session 4. Spiritual Assessment and Referral		Session 9. Ethics, Safeguarding and Self-care			
Session 5. Karma-Yoga Care		Session 10. Integrated Observed Practice			
BY THE END, PARTICIPANTS WILL BE ABLE TO • Listen deeply, assess spiritual needs and identify resources • Match care to the person: action, devotion, inquiry or ritual support • Work within ethical limits, document appropriately and refer safely		Ideal for teams seeking a practical, Hindu-sensitive spiritual care framework for hospitals, hospices, and community care.			
Dates / Venue Fri. Aug. 14, 2026 9:00am-6:15 pm PDT Sat. Aug 15, 9:00am-6:15 pm PDT Sun. Aug 16, 9:00 am-12:30 pm PDT San Diego, CA and Zoom		Registration / Enquiries US \$140 on Zoom In person with lunch, additional \$108. For more information, email: spiritualcare.admin@chinfo.org		Facilitator / Organization Dr Ramesh Patni DPhil (Oxford), DCPsych OBE / Chinmaya International Foundation	

Practical, person-centered and consent-based training. This workshop does not train participants as priests, psychotherapists or ritual specialists.