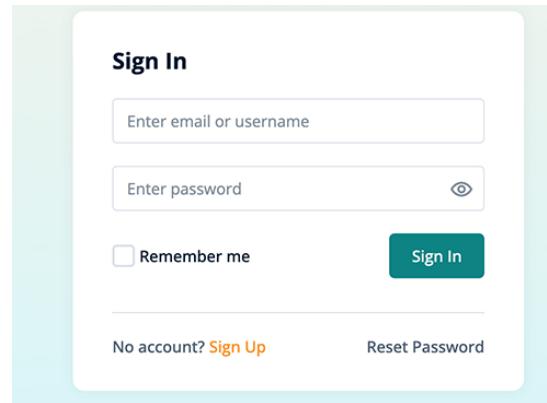
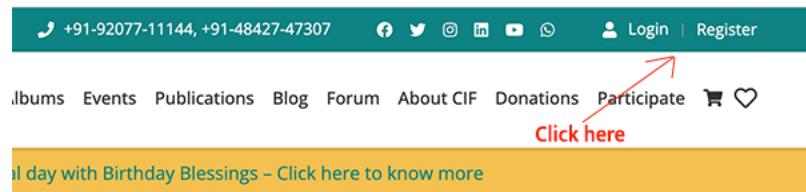




Enrolled Courses & Albums Access Guide

To "Access the Enrolled Courses/Albums/Webinars/Events"

- Step1: Click on "Login" to access your registered courses/albums.



- Step 2: Input your email address and password to get to your user dashboard:

The screenshot shows the CIF user dashboard with the following interface elements:

- Header:** CIF logo, +91-92077-11144, +91-48427-47307, Login, Register, Albums, Events, Publications, Blog, Forum, About CIF, Donations, Participate, shopping cart, heart icon.
- Main Content:** A yellow banner at the top says "All day with Birthday Blessings – Click here to know more".
- Sign In Form:** A modal window titled "Sign In" with fields for "Enter email or username" and "Enter password", a "Remember me" checkbox, and a "Sign In" button.
- Dashboard Section:** A box titled "Enrolled Courses & Albums" with a sub-section "Enrolled Courses & Albums". It displays a list of enrolled courses and albums, each with a thumbnail, title, duration, and a "Continue" button. Examples include:
 - Course - Concept Based: Introduction to Spiritual Care, 2024 (8 hours, Started April 27, 2024)
 - Course - Concept Based: Upanishad Course - Online (1 year, Started April 14, 2024)
 - Course - Concept Based: Bhagavad Gita Course (6 hours, Started December 18, 2023)
 - Course - Concept Based: PV_Q & A Course 2024 (3 hours, Started January 9, 2024)
 - Album - shanti: SHIVAMANDA LATAJI (Course - Concept Based)
 - Course - Concept Based: Advanced Vedanta Course (Course - Concept Based)
 - Course - Sankrit: Easy Sankrit Course Level 1 (Course - Concept Based)
 - Course - Concept Based: Bhagavad Gita Course (Course - Concept Based)

- If your user dashboard does not show, click your username in the header top right corner to access the dashboard.
- Step 3: Click on desired enrolled course/albums or click on next tab to see enrolled webinars/events.
- Note: If you had signed up for an event in the past, the event will eventually show up as an album in your dashboard. Please allow us some time to make this happen.
- Step 4: Example Dashboard of Online Course

Upanishad Course - Online

Lesson - 01

Lesson - 02

Lesson - 03

Lesson - 04

Lesson - 05

Lesson - 06

Lesson - 07

Lesson - 08

Lesson - 09

Lesson - 10

Lessons Questionnaire

Study Material

Open pdf file for lesson here

- The list of Lessons and Questionnaires are on the right side of the page.
- Use the scroll bar on the far right to access Lessons and Questionnaires further down.
- Sometimes it helps to zoom in or out on your page.
- Click on the button to access the lesson .pdf file.

- Step 5: Example of Questionnaire

The screenshot shows a web browser window with the following details:

- Page Title:** Chinmaya International Foundation
- URL:** chinfo.org/all-courses/upanishad-course-online/547767
- Section:** Curriculum, Course: Upanishad Course - Online
- Quiz Title:** Questionnaire - 04
- Question 1:** Which of the following statements are true regarding the implications arising from Naciketas's question in the Katha-upanishad (third boon)?
 - He seeks to know whether there is any Existence or Truth beyond the jīva at all.
 - His question implies that there is life after death.
 - He has no faith in the śāstras.
 - He is aware that the jīva outlives physical body.
 - All of the above
- Question 2:** Select all that are true regarding the jīva:
 - jīva is grosser than the physical body.
 - jīva is the mind and intellect endowed with Consciousness.
 - jīva survives the death of physical body.
 - There is nothing beyond the realm of the jīva.
 - None of the above
- Buttons:** Submit (red), Save Progress (green)
- Sidebar:** Upanishad Course - Online, showing progress for 13 lessons and the questionnaire.
- Progress:** Lesson - 01 to Lesson - 13, Questionnaire - 04 (0/2)

- Your options are to finish the questionnaire and hit the Submit button or Save Progress if you are not able to complete. Once you press Submit you will be asked if you are sure. Once answers are submitted you will not be able to change them.

- Step 6: You will receive your score immediately and can check your answers

The screenshot shows a web browser window with the following details:

- Page Title:** Chinmaya International Foundation
- URL:** chinfo.org/all-courses/upanishad-course-online/547758/
- Section:** Curriculum, Course: Upanishad Course - Online
- Quiz Title:** Questionnaire - 03
- Score:** Previous Results: Attempt 1, Grade 50/50, Percentage 100%
- Buttons:** Start Quiz (disabled), Show Answers, Show Answers
- Sidebar:** Upanishad Course - Online, showing progress for 15 lessons and the questionnaire.
- Progress:** Lesson - 01 to Lesson - 15, Questionnaire - 03 (0/2)

- Step 7: Your answers

The screenshot shows a web browser with the URL chininfo.org/all-courses/upanishad-course-online/547758/?show_answers=1&attempt_numbers=1. The main content is a 'Quiz Questionnaire – 03'. The sidebar on the right is titled 'Upanishad Course – Online' and lists 'Lesson – 01' through 'Lesson – 13', each with a progress bar and a 'Locked' icon for lessons 05, 06, and 07.

Questionnaire – 03

1. The qualities that make one a qualified aspirant of brahma-vidyā are:

Choose the correct statements. Check all that apply.

Vairāgya

Intelligence

Mumukṣutva

Visaya

Viveka

2. Which of the following statements are true regarding the third boon of Nacīketas?

Choose the correct statements. Check all that apply.

He is asking whether the soul survives the death of the body

He wants to know the truth about what survives death of the body.

His question pertains to the nature of the Self, and not to the jīva.

He is asking about the yāga to be performed to go beyond death.

None of the above

Navigation: < Previous, Next >

- Step 8: The < Previous and Next > links at the bottom can also be used to go to the next Lesson or Questionnaire.
 - Note: you will **not** be able to advance until the previous Questionnaire has been completed. See Locked icon on right side.

The screenshot shows the same website and sidebar as the previous one. The main content now shows a 'Start Quiz' button and a 'Previous Results' table. The table has columns: Attempt, Grade, Percentage, Answers, and Show Answers. The first row shows 1, 50/50, 100%, Show ▾, and Show Answers.

Questionnaire – 03

Start Quiz

Previous Results

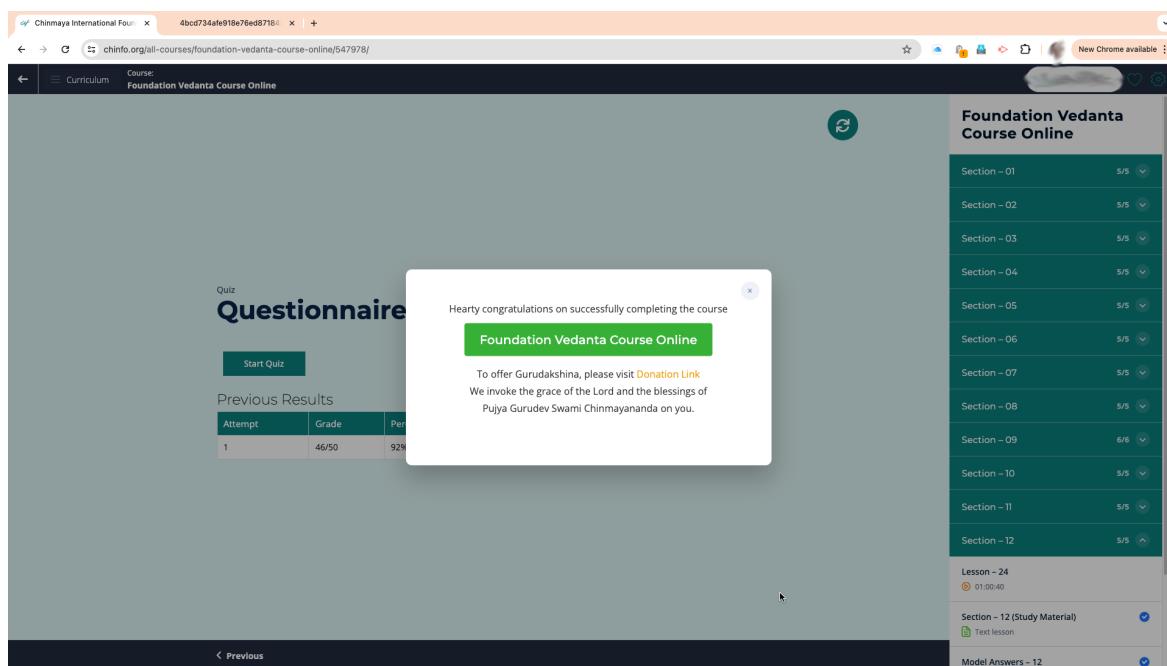
Attempt	Grade	Percentage	Answers	Show Answers
1	50/50	100%	Show ▾	Show Answers

Navigation: < Previous, Next >

Upanishad Course – Online

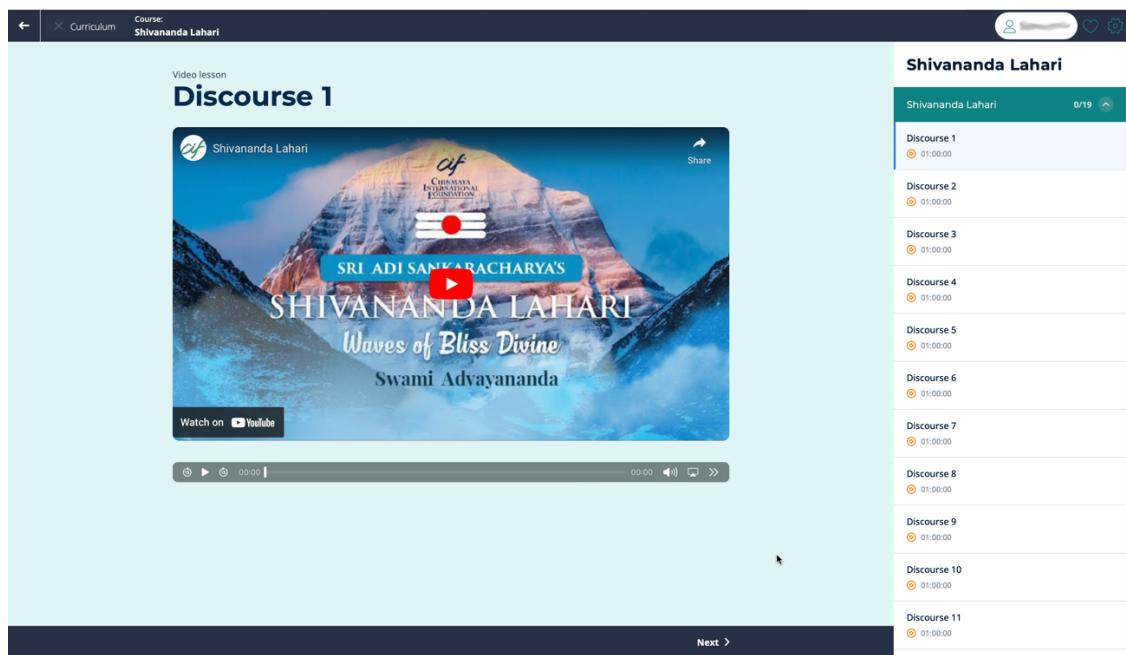
- Lesson – 01 2/2
- Lesson – 02 2/2
- Lesson – 03 2/2
- Lesson – 03 01:04:02
- Questionnaire – 03 31 questions
- Lesson – 04 0/2
- Lesson – 05 0/2
- Lesson – 06 0/2
- Lesson – 07 0/2
- Lesson – 08 0/2
- Lesson – 09 0/2
- Lesson – 10 0/2
- Lesson – 11 0/2
- Lesson – 12 0/2
- Lesson – 13 0/2
- Lesson – 05 Locked
- Lesson – 06 Locked
- Questionnaire – 04 31 questions
- Lesson – 06 0/2
- Lesson – 07 0/2

- Step 9: Once you have finished your course you will get a message:



The screenshot shows a web browser with the Chinmaya International Foundation website open. The URL is chinfo.org/all-courses/foundation-vedanta-course-online/547978/. The page title is "Curriculum" and the course title is "Foundation Vedanta Course Online". A central modal window displays a congratulatory message: "Hearty congratulations on successfully completing the course" and "Foundation Vedanta Course Online". Below the message, it says "To offer Gurudakshina, please visit [Donation Link](#)". To the right of the modal, a sidebar lists course sections and lessons with their completion status (e.g., Section - 01: 5/5, Section - 12: 5/5). The sidebar also includes "Section - 12 (Study Material)" and "Model Answers - 12".

- Step 10: Your albums will show up on the same Courses & Albums landing page. Click on the recordings to show the individual recorded sessions.



The screenshot shows a web browser with the Chinmaya International Foundation website open. The URL is chinfo.org/all-courses/shivananda-lahari/547979/. The page title is "Curriculum" and the course title is "Shivananda Lahari". A video player on the left displays "Discourse 1" with a thumbnail image of a mountain peak. The video player has a "Watch on YouTube" button. To the right, a sidebar lists "Shivananda Lahari" with 11 discourses, each with a play icon and a duration of "01:00:00". The discourses are numbered 1 through 11.

Contact Details:

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Webinars

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Camps/Events

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