



**Chinmaya International Foundation**

Academia for Sanskrit Research  
and Indic Studies

# HOME STUDY COURSES

Chinmaya International Foundation  
stands as bridge between  
East and West, past and present,  
science and spirituality, and  
pundit and public.

**Swami Chinmayananda**







## About CIF Home Study Courses

Chinmaya International Foundation (CIF), established in 1989 in the maternal birth-home of Sri Adi Sankara, is an Academia of Sanskrit Research and Indic Studies, recognised by the Central Sanskrit University, as 'Shodha Sansthan' and by Mahatma Gandhi University, Kottayam, Kerala, as a Research Centre. CIF was envisioned by Pujya Gurudev Swami Chinmayananda to be a premier institution in the field of research of Indian Knowledge Traditions (IKT). To keep this vision bright, CIF offers a number of courses in online mode under the Home Study Courses like Foundation Vedanta Course, Advanced Vedanta Course, Bhagavad Gita Course, Upanishad Course, Master Gita Master Life™, Easy Sanskrit Course, Advanced Sanskrit Course, Vedic Mathematics Course, Make It Happen™ Course, Svadhyaya Series, Webinars and so on.

**To know more and to register, visit:**

🌐 [chinfo.org/all-courses](http://chinfo.org/all-courses)

**For information contact :**

☎ +91 92077 11140 / +91 92077 11511 / +91 92077 11517

# VEDANTA

## FOUNDATION VEDANTA COURSE

**Aim:** To provide the basics of Vedanta and empower the student to apply the teachings in daily life. To give the right vision and equip the individual to face the challenges of life with ease and dexterity.

**Duration:** 12 months

**Scheme:** 24 lessons and 12 questionnaires

Language	Course Fees
English	₹ 4800/US\$ 150
Hindi	₹ 3500/US\$ 100
Marathi	₹ 3000/US\$ 85
Russian	US\$ 125
German	US\$ 125
Chinese	US\$ 125

## ADVANCED VEDANTA COURSE

**Aim:** To give an in-depth understanding of the important Vedantic concepts dealt with in the prakarana-granthas such as Vivekachudamani, Atmabodha, Tattvabodha, Vakya-vritti and Panchadashi.

**Duration:** 12 months

**Scheme:** 24 lessons and 24 questionnaires

**Course Fee:** ₹ 4800/US\$ 150



## BHAGAVAD GITA COURSE

**Aim:** To make the glorious 'Gita Way of Life' accessible to anyone who yearns for it. It provides a holistic, insightful coverage of the entire text in a lucid and simple style. It is a practical manual to live a transformed life of goodness and greatness, and provides inputs in the modern context for continuous improvement.

**Duration:** 15 months

**Scheme:** 30 lessons and 30 questionnaires

**Course Fee:** ₹ 7000/US\$ 240

## UPANISHAD COURSE

**Aim:** The Upanishads reveal that in truth we are beyond life and death, good and bad, that we are the supreme Brahman, the highest Reality. Come revel in the Upanishads, bask in its knowledge, discover yourself, and become fulfilled.

**Duration:** 12 months

**Scheme:** 24 Lessons and 24 Questionnaires

**Course Fee:** ₹ 7000/US\$ 240

## MASTER GITA MASTER LIFE™

**Aim:** The Bhagavad Gita is a manual of life, which should be studied and lived, here and now. The Course is a thorough, systematic, verse-by-verse study of the Bhagavad Gita. It gives us the secret of success, a sure formula to live a happy and fulfilled life and much more. If we want to master our life, we must master the Gita.

**Scheme:** The course also includes doubt clarification, meditation sessions, Gita chanting and self-assessment.

Language	Course Fee
English	₹ 15,000/US\$ 430
Tamil	₹ 9000/US\$ 260
Malayalam	₹ 9000/US\$ 260



# SANSKRIT

## EASY SANSKRIT LEARNING COURSE

**Aim:** The course gives the basics of Sanskrit Grammar without burdening the student with too many details. The course is a stepping stone for learning the divine language Sanskrit and will serve as a window for all those who want to have a peep into the priceless tradition, culture and philosophy of India.

There are three learning options:

### 1. EASY SANSKRIT COURSE – LEVEL 1

**Duration:** 15 months

**Scheme:** 13 Modules, 13 Questionnaires and Final test

**Course Fee:** ₹ 3000/US\$ 75

### 2. EASY SANSKRIT COURSE – LEVEL 2

**Aim:** This course is for those who have completed the CIF Easy Sanskrit Course Level 1 or equivalent. Level 1 taught the basic alphabets and presented the building blocks of simple sentence structure. In level 2, the student will learn grammar which will help the student structure more complex sentences. Through the stories from the Shrimad Bhagavatam and the epics, this course paves the way for reading and understanding Sanskrit language. The course material will also be useful as a ready reckoner for future studies.

**Course Duration:** 1 year

**Scheme:** 23 Modules and 23 Questionnaires (Each Module comprises of lessons, Sanskrit verses and an assignment)

**Course Fee:** ₹ 3600/US\$ 120

## ADVANCED SANSKRIT COURSE

**Aim:** This course is meant for those who already have some basic knowledge of Sanskrit and seek to delve deeper into the language.

**Course Mode:** Postal

**Duration:** 20 months

**Scheme:** 40 Lessons @ 2 lessons a month and 40 Questionnaires

**Course Fee:** ₹ 4800/US\$ 150

## INDIAN MATHEMATICS

### VEDIC MATHEMATICS

**Aim:** Vedic Mathematics' shorter, quicker and easy to remember techniques enable any student to do calculations faster than they would with conventional methods. It is an aid to dispel the fear of mathematics. This course aims to promote the traditional knowledge of Mathematics mastered by the mathematicians of ancient India.

**Duration:** 9 months

**Scheme:** 24 Lessons and 3 Questionnaires

Age Group	Course Fee
For students <17 yrs	₹ 2360/US\$ 60
For others	₹ 3600/US\$ 120

## PUJA VIDHANAM

Puja Vidhanam Courses (Levels 1 & 2) are a unique offering developed under the guidance and tutelage of the expert acharya Swami Sharadananda Sarasvati. Students will be trained in the method of performing pujas with the correct mudra gestures and chanting of mantras.

Course Fee	
Level 1	₹ 3000/US\$ 85
Level 2	₹ 4000/US\$ 100



## SVADHYAYA SERIES

Svadyaya Series is an online immersive text-based study programme. It is a unique initiative of CIF towards fulfilling Pujya Gurudev Swami Chinmayananda's vision of bridging 'the pundit and the public'.

Selected Vedantic treatises like Jivanasutrani, Panchadashi, Atmabodha, Shukashtakam and so on, are divided topically into different lessons for an in-depth study and comprehension.

Svadyaya Series will contain the lectures by expert faculty in 4. audio-video format, a questionnaire at the end of every lesson, facility to learn from fellow students through an online Discussion Forum, and a chance to clear doubts from subject experts.

**To know more and register visit:** [www.chinfo.org/Svadyaya](http://www.chinfo.org/Svadyaya)

## WEBINARS

CIF is pleased to announce its Webinar Series with eminent teachers of Vedanta. Through these novel Webinars, students can connect online for a transformative knowledge of the scriptural teachings.

The texts that would be taken up in such Webinars could range from elementary Prakarana-granthas to advanced texts on Advaita Vedanta.

**To know more and register, visit:** [www.chinfo.org/allwebinars](http://www.chinfo.org/allwebinars)





**Chinmaya International Foundation**

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# LIST OF COURSES

## Basic

- ◆ Tattvabodha (Basic)
- ◆ Sadhana Panchakam
- ◆ Advaita Pancharatnam
- ◆ Shukashtakam
- ◆ Amritabindu Upanishad
- ◆ Vedic Suktas – 1
- ◆ Dramas of Mahakavi Kalidasa

## Advanced

- ◆ Vedanta Sara
- ◆ Drg Drshya Viveka
- ◆ Vakya Vritti
- ◆ Dashashloki
- ◆ Hastamalaka Stotram
- ◆ Nasadiya Sukta
- ◆ Advaita Makaranda (Tamil)
- ◆ Satyam Jnanam Anantam  
Brahma
- ◆ Panchadashi – 2  
Mahabhuta-viveka-prakarana
- ◆ Panchadashi – 4  
Dvaita-viveka-prakarana
- ◆ Panchadashi – 6  
Chitradipa-prakarana

## Intermediate

- ◆ Tattvabodha (Advanced)
- ◆ Atmabodha
- ◆ Laghu Vakya Vrtti
- ◆ Brihadaranyaka Upanishad  
Maitreyi Brahmana  
(Science of Happiness)
- ◆ Panchadashi – 1  
Tattva-viveka-prakarana
- ◆ Panchadashi – 3  
Panchakosha-viveka-prakarana
- ◆ Panchadashi – 5  
Mahavakya-viveka-prakarana

## Upanishad with Bhashyas

- ◆ Ishavasya Upanishad  
(with Shankara-bhashya)
- ◆ Brihadaranyaka Upanishad  
Maitreyi Brahmana  
(with Shankara-bhashya)

## Course for All

- ◆ Jivanasutrani

# SVĀDHYĀYA SERIES COURSES

॥ स्वाध्यायान्मा प्रमदः ॥

**Assisted Self-study**

**REGISTER ONLINE**

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**For details**

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